



People's pesticide exposures: Poisons we are exposed to every day without knowing it

For the first time, a year's official reports of pesticides in our food, water, and the environment have been brought together with government data set out beside the results of PAN UK's unique surveys. 'This is a powerful case for a more precautionary approach to pesticides', says toxicopathologist Dr Vyvyan Howard from Liverpool University. 'If you want a rounded view of the exposures we all have, and the risks to our health, read this report.' December 2004 · £12.50.



Exposed: rethinking pesticides in our homes, gardens and communities

Exposed describes the impacts of pesticides on health and environment with additional sections on the toxic origin of pesticides and how to phase them out. Accompanying information provides helpful suggestions for finding safer alternatives. This video, the first of its kind for community groups, is available FREE on loan from PAN UK. Interested community groups, gardening groups, or anyone else should contact Roslyn McKendry <roslynmckendry@pan-uk.org> for more information. The video can be bought for £10 · November 2004.

Dress Sense: A consumer guide to shopping for organic clothing and textiles

We all like clothing ... to feel or look good, for comfort, or to make a statement. However, our clothing says something else; however cool, groovy or fashionable, it costs more than we pay in the shop. The farming methods currently used involve dangerous and polluting chemicals which poison farmers, the land, and water; dyes and chemicals used in processing are heavily polluting, and many workers in the industry suffer low wages, discrimination and poor working conditions. This guide to shopping for organic clothes and textiles gives consumers a choice that has been missing for years. November 2004 · £2.50.



Pesticides in Your Food

A graphic news poster illustrating how much of our food is contaminated with pesticides. For example, 93 per cent of the oranges in one study had residues, and 78 per cent of apples. Even staple foods, such as bread, have traces of pesticide. These are not occasional findings: they are routine. The health effects of chronic exposures to these chemicals at higher levels can be serious. The poster displays current PAN UK campaign targets, and easy-to-understand explanations of key issues. A3 copies are available free of charge - send an A4 stamped addressed envelope to PAN UK, For an A2 copy we suggest a donation of £5. For up to five copies £10 and £1 for each additional copy.

School resources

The Pesticide Trail: a student investigation

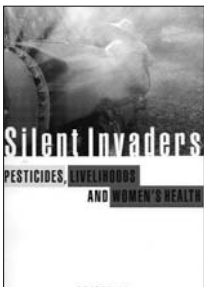
The video consists of seven individual units, each of which highlights a particular area of our concern about the use of pesticides. Each unit takes the form of an investigation in which school students have been filmed interviewing key people. Through these interviews the students uncover pertinent stories illustrating key concerns. 2003 · 8 video units (90 minutes) with workbook (55pp), available from Team Video, Canalot Studios, 222 Kensal Road, London, W10 5BN, UK · admin@team-video.co.uk · £49.15.



COMING SOON March 2005

Pesticides in Schools and how to avoid them! An essential read for head teachers, governors, school management, local authorities, government. This short booklet outlines how children may be exposed to pesticides in schools and how to ensure they are not!

Silent Invaders: Pesticides, livelihoods and women's health



'This new work follows in the footsteps of Rachel Carson's pioneering work, *Silent Spring*. It gives much new detail of pesticide hazards and explanations of the toxicity manifested, and also focuses on the specific dangers to women. All in all, a superb book constituting a well-documented, excellently reasoned case against

the continued widespread use of chemical pesticides. Miriam Jacobs and Barbara Dinham (eds) · Zed Books in association with PAN UK · London · 2003 · ISBN 1 85649 996 0 · 342pp · £10.

Breaking the Pesticide Chain



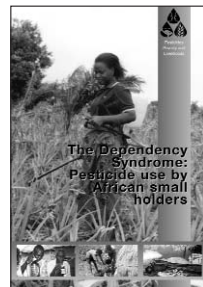
From July 2003, 320 pesticide active ingredients are being withdrawn from the European market. This report examines the reasons behind the withdrawal of so many pesticides, and the extent to which this will benefit human health and the environment. Published by PAN UK and Friends of the Earth · available online · July 2003 · 29pp.

Pesticide exposure and health: the PEX briefings

Comprising six sections, with further titles in development, the PEX briefings tell you what to do if you are exposed to pesticides, how to report it, how to reduce your risks, how to ensure the incident is properly recorded and responded to, and how to negotiate for help and treatment with doctors and other professionals. March 2003 · £15 for the set.



The Dependency Syndrome: Pesticide use by African small holders



Describes pesticide promotion, use and impacts on farmer health, income, food security and environment. The report discusses pesticide reliance and alternatives for cotton, vegetables, pineapple and food staples. February 2003 · ISBN 0 9521656 8 6 · 126pp · £16.

Quarterly publications

Pesticides News

Subscribe to Pesticide News for the most comprehensive quarterly information on pesticide problems and alternative developments, with extensive articles, resources, news and reviews on UK, European and global developments.

£25.00 – Individual

£50.00 – Non-commercial (non-governmental/non-profit)

£90.00 – Corporate (commercial organizations, government departments)

£160.00 – Full Corporate Subscription

Full subscribers receive: annual subscription to Pesticides News (PN) and Current Research Monitor (CRM) [up to four copies each] and all new PAN UK publications.

Current Research Monitor (CRM)

A valuable resource for researchers, CRM lists up-to-date research covering the impact of pesticides on health and the environment. It is published quarterly and features abstracts, research listings, a research focus on a particular issue, conference listings and proceedings. *Current Research Monitor* · £10.00 per annum or free with a *Pesticides News* subscription/supporters package.

Action on Pesticide Exposure (PEX)

We provide help and information on pesticide poisoning and work with professionals and decision makers to improve the health of sufferers. PEX is open to individuals and non-profit organizations only and includes a quarterly newsletter with updates on pesticide exposure issues. *PEX membership and Newsletter* · £10.00 per annum or free with part of the supporters package.

Greenfly – Pesticide Problems and Solutions

This twice-yearly supporters newsletter aims to inform, guide and help supporters to make a difference and presents key pesticide developments in the UK and Europe with an international perspective.

SUPPORT PAN UK

Your support can help PAN UK create a safer, healthier environment. Just £10 a year can make a difference. Choose the level of support and publications (details above) you would like to receive:

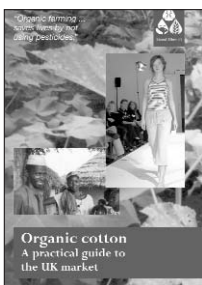
£10 - Greenfly, the supporters' newsletter.

£25 - Greenfly, Pesticides News, Current Research Monitor, Pesticide Exposure newsletter (optional) [Individuals].

£50 - Greenfly, Pesticides News, Current Research Monitor, Pesticide Exposure Newsletter (optional) [NGOs].

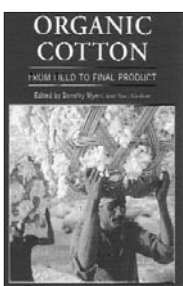
COTTON BOOKS AND REPORTS

Organic Cotton: A practical guide to the UK market



As a result of many year's engagement in promoting the sector, PAN has attempted to both provide background, and answers to common questions, as well as to point companies towards practical sources of help and information, and suppliers. We also use this guide to highlight the work of the organic cotton projects we are associated with, May 2004 · £10.

Organic cotton: from field to final product



This publication covers problems with conventional cotton production, technical aspects of conversion to organic, frameworks for change, organic cotton processing, certification, standards and labeling and the economics of new systems. D Myers and S Stolton (eds) · 1999 · ISBN 1 85339 464 5 · 272pp · £16.50.

Learning to cut the chemicals in cotton

Aimed at researchers, trainers and farmers' this book describes recent experiences in cotton IPM training programmes which focus on improving farmers' pest management decision-making skills. The approach is based on a sound understanding of agroecology and natural control methods. Free to those promoting IPM in developing countries · 2000 · ISBN: 0 9521656 3 5 · 91pp · £4.

Online resources

PAN UK publishes much of its material online including:

Reports

- ◆ People's pesticide exposures – poisons we are exposed to every day without knowing it, December 2004, 47pp
- ◆ Breaking the Pesticide Chain, July 2003, 29pp

Briefings

- ◆ Pesticides, poverty and food security
- ◆ Unsafe sex: how endocrine disruptors work
- ◆ The List of Lists - identifies pesticides associated with particularly harmful health or environmental impacts
- ◆ Mixed messages: pesticides that confuse hormones
- ◆ Pesticides in water

Factsheet series

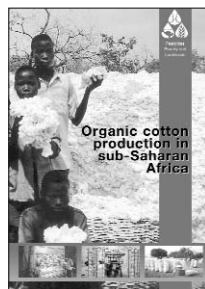
- ◆ Active ingredients - over 30 fact sheets including DDT, glyphosate, lindane, organophosphates and paraquat
- ◆ Pests in the home factsheets - least toxic options
- ◆ Gardening tips

Control of Pesticides and IPM

Developed for policy makers, regulators and others concerned about pesticides in developing countries, and actively promoting the alternatives. The resource pack includes a set of

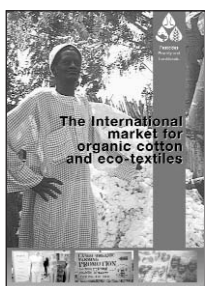
- ◆ 14 Pest Management Notes
- ◆ strategies for promoting IPM
- ◆ a full list of pesticide active ingredient hazards.

Organic cotton production in sub-Saharan Africa: the need for scaling-up



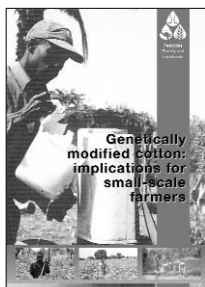
More than 20,000 farmers and their families are involved in organic cotton production in Africa. This study improves understanding of constraints to and opportunities for scaling-up organic cotton production and trade. August 2002 · ISBN 0 9521656 5 1 · 67pp · £16.

The international market for organic cotton and eco-textiles



Textile, clothing and retail outlets are showing increasing interest in sourcing from organic producers. This publication describes and analyses the potential to increase demand. It aims to assist the scaling up of organic cotton consumption. August 2002 · ISBN 0 9521656 6 X · 34pp · £20.

Genetically modified cotton: implications for small-scale farmers



The advantages and disadvantages of GM crops are still fiercely contested, and the implications are of particular concern to organic farmers. This report reviews the status of genetically modified cotton worldwide. August 2002 · ISBN 0 9521656 7 8 · 35pp · £16.

Organic cotton country reports

Organic cotton country reports (Conventional and organic sector evaluations) Benin (French), Senegal (French), Uganda, Tanzania, Zimbabwe.

August 2002 · pages vary · £10 per report.

The three overview reports together can be purchased for £45, and the full set including the country case studies below for £80.

COMING SOON March 2005

French translations of the three cotton reports below: Organic cotton production in sub-Saharan Africa; The international market for organic cotton and eco-textiles; and Genetically modified cotton will be available shortly.

